



Mayo Clinic in Arizona

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CABC Spring Quarterly Meeting
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Mayo Clinic Arizona Activity Update

- Mayo Clinic history and international collaboration and patient care
- International Patient Center
- Proton Beam
- Transplant
- Orthopedics
- Executive Health Program







Mayo Clinic

- The world's first and largest integrated group medical practice
- Non-for-profit global leader in medical care, education and research
- Each year, Mayo Clinic cares for more than 1.3 million patients from the United States and over 143 countries worldwide

Ranked #1 In the Nation.

In the U.S. News & World Report rankings of top hospitals, Mayo Clinic is the #1 hospital overall, as well as #1 in more specialties than any other hospital in the nation. Our world-class experts work together to provide comprehensive care for patients with even the most complex conditions—care that's also covered by most insurance plans.

Make your appointment at mayoclinic.org/topranked.



Rochester, MN

Based on U.S. News & World Report Best Hospitals Honor Roll, 2015-2017. © 2015 Mayo Clinic.

Mayo Clinic

The Mayo Clinic Model of Care

- A team of experts focused on one patient at a time
- Integrated clinical practice, education and research
- Living values of collaboration, compassion, and innovation
- Delivering patient care with respect, quality, and excellence





Toronto, Canada. April-1927.

To Dr. W. J. Mayo with kindest regards
of A. L. Lockwood & Associate.

TRINGLE & B
TORONTO



The Alberto Bailleres International Patients Center

- Multilingual appointment, registration and finance personnel are dedicated to meeting patient needs
- International Center staff arrange appointments, provide interpretation services, guide patients in making travel and lodging arrangements and answer questions about billing and insurance.
- At Mayo Clinic, interpreters are available, at no cost, to assist communication between health care providers and patients whose primary language is not English.

Mayo Clinic

2017-2018 Activities & Updates

- [Mayo Clinic Hospital in Arizona](#) is again ranked No. 1 in Arizona and the Phoenix metro area, and was named to the “Best Hospital Honor Roll” by *U.S. News & World Report*. This marks the first time an Arizona hospital has been recognized on the Honor Roll as one of the top 20 in the nation delivering exceptional treatment across multiple areas of care.
- [Mayo Clinic Hospital in Arizona](#) ranked nationally in 10 specialties:
 - Cancer
 - Cardiology and Heart Surgery
 - Ear, Nose and Throat
 - Gastroenterology and Gastroenterologic Surgery
 - Geriatrics
 - Nephrology
 - Neurology and Neurosurgery
 - Orthopedics
 - Pulmonology
 - Urology

Mayo Clinic AZ: Proton Beam

- Mayo Clinic's Proton Beam Therapy Program features intensity-modulated proton beam therapy with pencil beam scanning.
 - **Benefits**
 - Ability to deliver higher therapeutic doses of radiation to tumors
 - More accurate targeting of tumors
 - Lower radiation exposure to normal tissue, reducing short- and long-term side effects, including development of new cancers, thus lowering long-term care costs
 - A new treatment alternative for people with cancer recurrences who have undergone previous radiation therapy procedures
 - Opened in February 2016

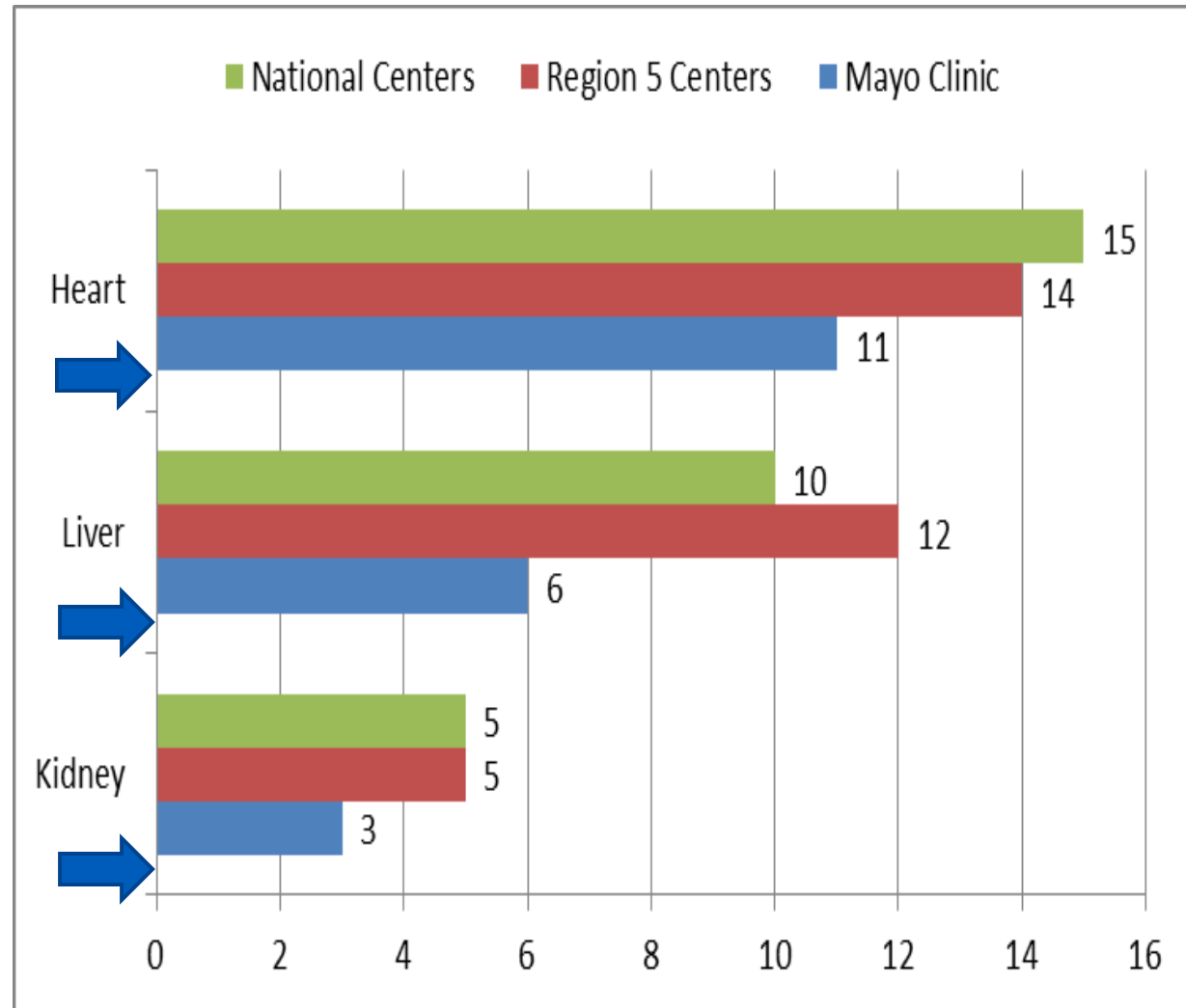
Mayo Clinic AZ: Transplant

- **Mayo Clinic:**
 - Largest integrated transplant provider in US.
 - More than 150 surgeons and physicians and hundreds of allied health staff who are trained in caring for transplant patients.
- **Programs**
 - Bone Marrow Transplant
 - Heart Transplant
 - Kidney Transplant
 - Liver Transplant
 - Living Donor Transplant
 - Pancreas Transplant
 - Regenerative Medicine

Transplant

- Coordinated evaluation appointments; Utilize recent testing at other facilities when possible
- Less waiting time to transplant – Cost savings for pre-transplant re-admissions; dialysis
- Lower Median Length of Stay

Cost



Transplant Summary

- Largest transplant center in AZ (4th largest in nation)
- Mayo Enterprise is the largest transplant provider in the nation
- Transplant clinical outcomes
- Higher transplant rates
- Lower waitlist mortality
- Lower hospital length of stay
- Cost savings through efficiency
- Innovation and research



Mayo Clinic AZ: Orthopedics

Mayo Clinic in Arizona offers several packages for various orthopedic surgeries, including:

- Total Shoulder
- Total Hip
- Total Knee
- Total Hip & Knee Revisions
- Arthroscopic Rotator
- Arthroscopic Knee

Mayo Clinic AZ: Executive Health Program

- Comprehensive, expedited, preventive health screening
- Over 31 years experience, and over 3,000 executives a year
- Direct access to consistently top ranked sub specialties
- Accepts many insurance plans
- Standard protocol is based on age and gender and tailored to each patient
- Concierge escort for high profile patients

Mayo Clinic Executive Health Program

Initial Visit

Standard Protocol for Mayo Clinic Executive Health Program

Tests	Age at initial visit (years)		
	≤39	40-49	≥50
Physical exam	◆	◆	◆
Various laboratory work	◆	◆	◆
Cardiovascular counseling	◆	◆	◆
Resting ECG	◆	◆	◆
Chest X-ray	◆	◆	◆
Exercise/treadmill ECG	◆	◆	◆
Cervical cancer screening (women: as indicated)	◆	◆	◆
Immunization review	◆	◆	◆
Breast cancer screening (women)		◆	◆
PSA (men)		◆	◆
Audiogram			◆
Abdominal aortic US (men 65-75)			◆
Bone density scan (women ≥50) (men 65)			◆
Colonoscopy			◆

Executive & International Health





Questions & Discussion